



ARMANDO J. ALFARO, M.D., FACS

PLASTIC & RECONSTRUCTIVE SURGERY

PRE-OPERATIVE MEDICATION INSTRUCTIONS OFFICE PROCEDURES

FOLLOW THESE INSTRUCTIONS:

- 1. Blood thinners (Anticoagulants). If you are taking Plavix-Stop taking it 1 week before your surgery. If you are taking Coumadin, stop taking it 4 days before your surgery. Talk to your surgeon about replacement medications during the days you are not taking your normal blood thinning medications.**
- 2. Aspirin, ibuprofen (Motrin), and naproxen (Aleve) – Stop taking 2 weeks before your surgery.**
- 3. Herbal Medications and Vitamins – Discontinue all herbal medications 2 weeks before your surgery.**
- 4. Bronchodilators – Asthmatics – Please bring these with you on the day of surgery.**