



ARMANDO J. ALFARO, M.D., FACS

PLASTIC & RECONSTRUCTIVE SURGERY

INSTRUCTION SHEET FOR HOSPITAL SURGERY

Patients scheduled for hospital surgery must arrive 2 hours prior to the time of surgery. The hospital will contact you several days prior to the surgery with information as to when to report for pre-admit testing (i.e. Lab, X-rays, EMG etc...), and will also give you instructions as to where to report on the day of your scheduled surgery.

You are to take no solids or liquids after midnight on the night preceding your surgery, unless otherwise instructed by your doctor.

No aspirin or aspirin containing medications are to be taken two weeks prior to the surgery.

You will be drowsy following the surgery. The nurses will help you dress. Please wear loose, comfortable clothing that is easy to slip into. Wear comfortable flat shoes. No jewelry or nail polish.

All patients having anesthesia must make arrangements to have someone drive them home following surgery. Someone should stay with you for the first 24 hours.

Should you have any questions regarding your surgery, please do not hesitate to contact our office.